

# COMMUNITYCARE EMPLOYEE ASSISTANCE PROGRAM (EAP)

A DIVISION OF COMMUNITYCARE MANAGED HEALTHCARE PLANS OF OKLAHOMA INC.

***CommunityCare EAP is a comprehensive service provided to employer groups designed to assist employees and dependents in the identification and resolution of personal problems or concerns that effect worker productivity and negatively impact the company's bottom line. Problems or concerns include, but are not limited to:***

***Marital  
Family  
Legal  
Financial***

***Alcohol  
Drug  
Emotional  
Stress***

## **Benefits to Employers:**

- Increased Productivity/Work Quality & Job Performance
- Compliance with State & Federal Regulations
  - Department of Transportation
  - Drug Free Workplace
- Reduction in Utilization of Health Benefits, Workers Compensation Claims
- Effective Resource for Employee Disciplinary Problems
- Lower Turnover & Re-Training Costs
- Reduce Exposure to Litigation
- Improved Employee Morale

## **Benefits to Employees:**

- Free for Employees
- Objective Resource for Information
- Assists in Problem Identification & Resolution
- Linkage to Both Private & Community Based Resources
- Employee Advocate
- Confidential & Convenient

## **EAP Services Include:**

- Face-to-Face or Telephone Assessment Interviews
- Up to three sessions at no charge
- Toll Free Telephone Number
- Emergency Access (24 hours a day, 7 days a week)
- Master Level Licensed or Certified Counselors
- Crisis Intervention/Trauma Debriefing
- Training & Educational Programs Available for Both Management (Supervisors) & Employees
- Program is Available to Employers with Multi-Site Locations
- Critical Incident Stress Debriefing CISD

## **EAP MAKES \$ENSE IN TODAY'S WORKPLACE!**

**FOR MORE INFORMATION OR ASSISTANCE CONTACT YOUR  
EMPLOYEE ASSISTANCE PROGRAM (EAP) 24-HOUR CRISIS HELP-LINE  
(OR DURING REGULAR HOURS) AT (918) 594-5232 (TULSA) OR TOLL FREE (800) 221-3976**